



Sri Harold Klemp  
The Mahanta, The Living ECK Master

## ECKANKAR, The Path of Spiritual Freedom

Eckankar teaches simple spiritual exercises to experience the Light and Sound of God. As we practice the spiritual exercises, we learn to recognize the presence of the Holy Spirit in our lives. We learn that each of us is Soul, a spark of God sent to this world to gain experience.

Harold Klemp is the spiritual leader of Eckankar today.

**HU** - The most ancient, secret name for God. The singing of the word HU is considered a love song to God.

**Mahanta** - A title to describe the highest state of God consciousness on earth, often embodied in the Living ECK Master. He is the living word. An expression of the spirit of God that is always with you.

**Sugmad** - Another sacred name for God.

### To Learn More

For more information about ECKANKAR, visit [www.eck-illinois.org](http://www.eck-illinois.org)  
or call us at 1-630-427-5950.

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# ECK Light & Sound Service

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## *Conquering Fear by Living Each Day in Love*

**Sunday, August 7, 2022**

**11:00 am – 12:15 pm**

Presented by the Illinois Satsang Society, A Chartered Affiliate of ECKANKAR



## ECK Light & Sound Service Program

### *Conquering Fear by Living Each Day in Love*

Debbie Bryk-Serva, ECK Cleric

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“Many people want to know how to get rid of fear. Fear isn’t something you can be talked out of. The secret of getting rid of fear is to open the heart center. “In a heart full of love, where is there room for fear?”

—Harold Klemp, *The Spiritual Laws of Life*, pp. 84-85

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#### Discussion Questions

1. In Harold’s story about Ellen, he says her experience with fear was a gift. How can fear be a gift? How has your own faith been tested? What do you think was the meaning of the golden ball pouring out brilliant light?
2. How does spiritual grace and knowing your own divinity help fill your heart with love and conquer fear?
3. When the mind is worried or fearful, what are some keys to living with love in your heart? What techniques have helped you? Share your tips/stories.

#### Opening: Welcome

#### HU Song

#### Creative Arts: slide show on *Spiritual Grace*

#### Video Excerpt of Harold Klemp, Spiritual Leader of Eckankar

#### Small Group Spiritual Discussions

#### Invitation to Events

#### “Living in the Heart”: Spiritual Exercise/HU Song

#### Closing

*A fellowship time will follow the service.*