



Sri Harold Klemp  
The Mahanta, The Living ECK Master

## ECKANKAR, The Path of Spiritual Freedom

Eckankar teaches simple spiritual exercises to experience the Light and Sound of God. As we practice the spiritual exercises, we learn to recognize the presence of the Holy Spirit in our lives. We learn that each of us is Soul, a spark of God sent to this world to gain experience.

Harold Klemp is the spiritual leader of Eckankar today.

**HU** - The most ancient, secret name for God. The singing of the word HU is considered a love song to God.

**Mahanta** - A title to describe the highest state of God consciousness on earth, often embodied in the Living ECK Master. He is the living word. An expression of the spirit of God that is always with you.

**Sugmad** - Another sacred name for God.

### To Learn More

For more information about Eckankar,  
visit [www.eck-illinois.org](http://www.eck-illinois.org) or call us at 630-427-5950

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# ECK Light & Sound Service

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## Your Own Proof of Heaven: Explore the Spiritual Exercises of ECK

Sunday, July 9, 2023

1:00–2:15 pm

Presented by the Illinois Satsang Society, a Chartered Affiliate of ECKANKAR.

## ECK Light & Sound Service Program

### Your Own Proof of Heaven: Explore the Spiritual Exercises of ECK

John Dawson, ECK Cleric

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"When you step onto the path to God and you begin looking for that secret path to heaven, the way will be opened for you. And the way lies through the Spiritual Exercises of ECK. These spiritual exercises link you with the guidance of the Holy Spirit, which is seen as Light and heard as Sound. The inner Sound is the Voice of God calling us home. The inner Light is a beacon to light our way. All the Spiritual Exercises of ECK are built on these two divine aspects of the Holy Spirit."

—Harold Klemp, *The Spiritual Exercises of ECK*, p. 1

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### Spiritual Discussion

What thoughts, insights, or questions do you have about heaven?

What role have spiritual exercises played in your life?

In your everyday life, how do you keep your feet on the ground and your heart in heaven?

Welcome, HU Song, Opening

Audio Excerpt of Harold Klemp from  
"Could I Please Pay for that, Honey?" Part 2  
1988 Australian Regional Seminar

Creative Arts

Spiritual Discussion, small groups

Invitation to Events and  
Advanced Spiritual Living Courses

Spiritual Exercise

Closing

A fellowship time will follow the service.