

Spiritual Experiences Fair and Picnic

Free presentation and discussion. All are welcome!

Saturday, August 17, 2024
12 noon-5pm

Katherine Legge Memorial Park
South Shelter
5901 S. County Line Road
Hinsdale, IL

Picnic is from noon – 1
Program is from 1 – 4 pm
Bring your own lunch.

*Enjoy stories, creative arts, fellowship,
and fun!*



"If you came here to fly, you must take responsibility for your own spiritual life. First know where you are going, and then do what it takes to get there. Look for the open doors, and know there is always a way out."

—Harold Klemp, *ECK Wisdom on Spiritual Freedom*, p. 45



- How can 15 minutes a day change your life?
- What are ways to explore the God Worlds within you?
- How can you embrace the highest expression of who you really are?

1-1:45pm Spiritual Stress Relief

Experience chanting HU, an ancient sacred mantra to relieve stress and open your heart to divine love.

2-2:45pm Dreams and Soul Travel

Discover spiritual exercises to understand your dreams. Learn about Soul Travel: What is it? And how do you do it?

3-3:45pm Spiritual Freedom and Creative Problem-Solving

Kindle your creativity and live to your full potential—heart, mind, and Soul.

Free copy for all attendees:



More information at www.eck-illinois.org or call 630-427-5950 www.eckankar.org

Sponsored by Eckankar, the Path of Spiritual Freedom
Presented by the Illinois Satsang Society, a chartered affiliate of ECKANKAR
Copyright © 2024 ECKANKAR