



Sri Harold Klemp
The Mahanta, The Living ECK Master

ECKANKAR, The Path of Spiritual Freedom

Eckankar teaches simple spiritual exercises to experience the Light and Sound of God. As we practice the spiritual exercises, we learn to recognize the presence of the Holy Spirit in our lives. We learn that each of us is Soul, a spark of God sent to this world to gain experience.

Harold Klemp is the spiritual leader of Eckankar today.

HU - The most ancient, secret name for God. The singing of the word HU is considered a love song to God.

Mahanta - A title to describe the highest state of God consciousness on earth, often embodied in the Living ECK Master. He is the living word. An expression of the spirit of God that is always with you.

Sugmad - Another sacred name for God.

To Learn More

For more information about Eckankar,
visit www.eck-illinois.org or call us at 630-427-5950

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ECK Light & Sound Service



Letting Go and Trusting Divine Spirit *How do you go about it?*

Sunday, April 6, 2025

11:00 am–12:15 pm

Presented by the Illinois Satsang Society, a Chartered Affiliate of ECKANKAR.



ECK Light & Sound Service Program

Letting Go and Trusting Divine Spirit

How do you go about it?

Susie Walusiak, ECK Cleric

“If you let go and give your concerns to Divine Spirit, you will be guided to the best avenue to take.”

—Harold Klemp, *The Book of ECK Wisdom*, p. 26

Spiritual Discussion

“Self-surrender: ...It is the process of first doing everything we can to resolve a situation ourselves. We then release the issue to Divine Spirit to handle in whatever way is for the spiritual good of all. We release our attachment to the outcome in a state of acceptance.”

—Harold Klemp, *ECKopedia: The ECKANKAR Lexicon*, p. 253

1. What spiritual practices come to mind that might foster the releasing of attachment to a certain outcome, in a state of acceptance?
2. How do you go about determining when to let go and release a situation to Divine Spirit, the ECK?
3. Share an experience that helped you learn to trust Divine Spirit when faced with a challenging situation.
4. Does the theme of this service spark a question or insight you'd like to share?

Welcome, HU Song, & Opening

ECK Parable: *One Does What One Can*

—Harold Klemp, *The Joy of Living*, Mahanta Transcripts 19, p. 2

Video Excerpt: Harold Klemp,
the Mahanta, the Living ECK Master

Personal Story
Spiritual Discussion

HU App & Spiritual Living Courses
ECK Youth Video

Spiritual Exercise/HU Song

Closing

A fellowship time will follow the service.